

CHILD CARE COMMUNITY NETWORK

May/June/July/August 2014

A publication of CHILD CARE RESOURCES OF ROCKLAND, INC.

MISSION STATEMENT

Our mission is to promote, support and enhance the healthy development of all children by:

-Providing resource and referral services for families seeking accessible, affordable, quality early childhood and school age care and education;

-Offering training, support and resources to the early care and education workforce as well as public and private schools;

-Connecting with business leaders and public officials to emphasize the value of quality child care to the economic vitality of Rockland County;

-Advocating for increased investment in quality child care and education;

-Collaborating with strategic partners to enhance our collective abilities to address the needs of the community now and in the future.

Child Care Resources of Rockland is a contract agency of the County of Rockland, NYS Office of Children and Family Services, NYS Department of Health, NYS Education Department and the United Way of Rockland County. Additional funding for Special Needs Services is provided by Family Support Services, Mental Health Services, and the Office for People With Developmental Disabilities. CCRR is supported by Rockland Community College.



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www.childcarerockland.org

Hours of Operation: M-F 8:30am-5:00pm

What is Really Important

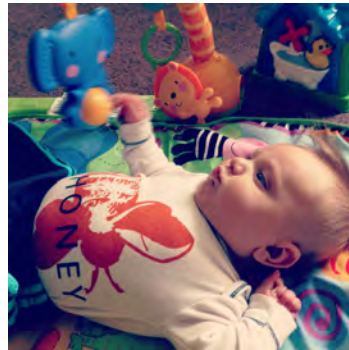
The months from October through March are heavily laden with efforts to educate our elected and appointed officials about the need for quality, accessible, affordable child care and early education for all children.

Sometimes I am so caught up with the schedules, information papers, data and presentations that I forget why I am doing all the advocacy work. While educating our officials and encouraging them to do the right thing for children is important, I know that the most important work is what the adults who are responsible for children do day to day to help children grow and develop to their greatest potential. Those adults would be the teachers, caregivers, assistants, parents and grandparents who are dedicated to the children in their care.



Yes, we have officials at high levels of government talking about, even arguing about

Universal Pre-kindergarten for all three and four year old children. Yes, we have more money from the federal and state allocated to help pay for children to be in child care when their family income cannot cover the cost. Yes, we have people talking about the importance of paid family leave and quality programming for after school child care.



BUT, these things do not matter if the adults who take care of children do not have the right attitudes, knowledge and desire to provide the best support and guidance for children. Hence, I want to remind us all

that time to PLAY is what children need.

As the Alliance for Childhood so aptly puts it: "There was a time when children played from morning till night. They ran, jumped, played dress-up and created endless stories out of their active imaginations. Now, many scarcely play this way at all. What happened?

- Over four and a half hours per day watching TV, video games and computer screens;
- Academic pressure and testing, beginning with three-year-olds;
- Overscheduled lives full of adult-organized activities;
- Loss of school recess and safe green space for outdoor play.

Decades of research clearly demonstrate that play – active and full of imagination – is more than just fun and games. It boosts healthy development across a broad spectrum of critical areas: intellectual, social, emotional and physical. The benefits are so impressive that every day of childhood should be a day for play."

So, please promise yourself to give children plenty of time for play each day and I promise to advocate for the resources you need so that you can fulfill that promise!

Jane Brown, Executive Director

Nurse's Notes Kristin G. Saunders, RN Immunization Regulations Revisions

Recently the School Assessment and Compliance Unit at the NYSDOH hosted a webinar outlining the changes made to the Public Health Law Section 2164, Rules and Regulations Subpart 66-1. The changes will be effective July 1st, 2014. The most significant change affecting Child Care, Head Start, Nursery Schools and Pre-K is the change of the minimum dose of DTaP (Diphtheria and Tetanus toxoid-containing vaccine and Pertussis Vaccine) from 3 to 4 doses. All other minimal doses remain the same from previous years. Some of the other changes are outlined below:

- Revised definition of “In Process”: Any child entering child care/pre-k or school without any vaccinations, who does not have a medical or religious exemption, will be required to have the 1st dose of each immunization series and then have age appropriate appointments to complete the immunization series.
- Alternative vaccination schedules will **NO** longer be acceptable.
- Religious exemptions need to be documented in a written and signed statement from the parent/ guardian or the use of the Sample Request for Religious Exemption which can be found at <http://www.p12.nysed.gov/sss/schoolhealth/schoolhealthservices/modelreligiousexemptionformmarch10.pdf>. Philosophical (personal belief) exemptions are still **NOT** permitted in NYS.
- Medical exemptions must be re-issued annually. The length of time the immunization is contraindicated needs to be specified. A written statement by a physician that is licensed to practice medicine in NYS is acceptable or a form located at <http://www.health.ny.gov/prevention/immunization/schools>.
- Certificate of Immunization/Immunization Record: needs to be signed by a Health Practitioner. It may also show a Physician, Nurse Practitioner or a Physician's Assistant diagnosis of varicella disease and/or proof of immunity by serology (blood test) to measles, mumps, rubella, varicella, hepatitis B or poliomyelitis if all 3 serotypes are positive.

Please visit <http://www.health.ny.gov/prevention/immunization/schools> for more detailed information on immunization requirements including exclusions for disease outbreaks, FAQ's and link to the recorded webinar. If you have any questions regarding these new changes, please contact Kristin G. Saunders, RN at (845) 425-0009 x493 or kristins@rocklandchildcare.org.

Questions & Answers

Q. When my licenser came for an inspection and saw the kids watching Sponge Bob, she told me that under the new family and group regulations that go into effect on May 1, 2014, I can't have the TV on all day while the kids are here. Why? What's wrong with watching TV?

A. The new family and group family regulations and the proposed center and school age regulations include new program requirements regarding the use of TV and other electronic media. There are several reasons for the change. One of the factors in requiring limits on screen time is that children sitting so much while watching TV or using other electronic media contributes to the high rate of childhood obesity in New York State. Another concern is the types of images children are exposed to when the television is on, including disturbing news footage, adult content or commercials that market products to children.

Q. Does this mean that under the new regulations children in my care can never watch TV? What about educational programs and videos?

A. The new regulations state that when TV or other electronic media are used it must be as part of a planned, developmentally appropriate program with an educational, social, physical or other learning objective. There must be a learning experience and the provider must know what the learning experience is.

TV must not be used just to occupy time and TV and other visual media must be off during meals and nap times.

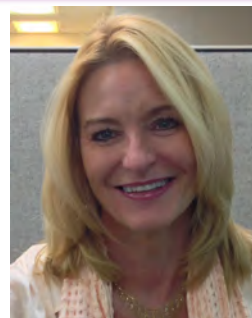
Q. On rainy days when we can't get outside to play I like to play a Zumba for Kids video and we all dance. It's great exercise! Can we still do that?

A. Yes. You are using media for a physical learning objective: exercise. And you're able to state what the learning experience is. Providers should start thinking now about how they use media in their program. If media is used just to fill time other activities will need to be planned that will keep children active, engaged, and learning

For more information on the new Family and Group Family regulations, a video explaining the changes and a question and answer page visit the Office of Children and Family Services main Child Care page.
www.ocfs.state.ny.us/main/childcare/default.asp

Employee Spotlight

Our “Employee in the Spotlight” this quarter is Michele Irwin. She is one of our Operations Specialists and Universal Prekindergarten Insurance Specialist. Michele is responsible for tracking trainings that clients take, all technical assistance visits, and the collection of completed surveys, data entry and analysis of that data. She also ensures that UPK Insurance certificates are accurate and submitted to NYS before the start of the school year. However, Michele says, “the most important part of my job is working with clients that walk-in. It is crucial that they feel that the agency is here for them!”



When we asked Michele about her family she said, “I come from an insanely large family out of Belfast, Northern Ireland and moved to the United States in 1975. I married the “boy next door” and together we have four beautiful children, Matthew (22), Kaitlyn and Sean (16) and Kevin (15), plus Noel our Cavalier King Charles Terrier!” Let me simply say that they are all good, an ordinary bunch and add a little “extra” for extraordinary!”

Michele told us that she “loves being in the outdoors and NYC is by far my favorite (Boscobel in Garrison a close 2nd). A walk through Central Park with all the free entertainment and ending in the Village for dinner and a show at Bird Lane for a little R&B is ideal. We go to Boscobel in Garrison every summer for their rendition of Shakespeare in the Park (modern day), under a tent with a packed picnic lunch, rolling hills and knights on shining motorcycles! It is a great way for teenagers to laugh and learn.”

When she was little, Michele told us that she either wanted to be a therapist or a stewardess...so, “I became a Mommy!”

Her philosophy is trite but true, “Live and let live!”

2014 Children’s Champions

Each April, during the “Month of the Young Child”, Child Care Resources of Rockland recognizes the very special people, or groups of people, who have made a significant difference in the lives of young children in our community. We are fortunate in Rockland to have many individuals who truly take a stand for children in significant ways.

The Children’s Champions Awardees were introduced at a special ceremony on April 23rd, preceding the 22nd Annual Children Champions Celebration Dinner at the Nyack Seaport.



The 2014 Awardees are:

Susan Sherwood, Commissioner, Rockland County Department of Social Services: “It Takes a Community Award”

Kelly Flaherty, Teacher, Bright Beginnings of Rockland, Inc.: “The Rookie of the Year Award”

The Nyack Center: “The Dynamic Group Award”

Ric Rabinowitz, Director/Teacher at Busy Bee Playschool of Rockland: “Champion in the Trenches Award”

Marcia Scheer, “The Phyllis Helbraun Award”

Infant/Toddler Corner

Yes, But Is It Developmentally Appropriate?

When planning a classroom curriculum for infants and toddlers, it’s important to keep in mind that Developmentally Appropriate Practice is more about doing things **better**—not ‘right’ or ‘wrong’. *Masha Levin, Infant/Toddler Specialist*

1. Do not force children to participate in activities—offer choices! According to ITERS-R, 2 choices should be offered as an alternate to main activity.
2. Do activities in small groups vs. large groups. Relationship-building, peer interactions, transitions and behavior management are all easier in small groups.
3. Allow children to do what they can for themselves. This builds competence, confidence and self esteem for children, and more freedom for the teachers.
5. Use conflicts as teachable moments for learning through problem solving. These are great times to validate feelings, empathize with friends, and offer solutions for infants and toddlers to try out.
6. Bring in ‘real’ objects for exploration. When considering which objects are safe think of the following criteria: small parts (no less than 1 inch in diameter), non-toxic, and children’s interest (would the children in your group play with these objects?).

Nutrition Corner

Sara Henry, RD

Breakfast: The Most Important Meal of the Day

Everyone has heard it, said it, or read it before: Breakfast is **the most important meal of the day**. In the midst of tight schedules and chaotic mornings, breakfast is too often a lost priority in many households. It must be remembered that the establishment of healthy eating habits start at a young age and are set by example.

Breakfast consumption has been shown to promote a healthy weight and better performance in adults and children. The habit of eating breakfast can be carried on into adulthood and provide a foundation for consuming a minimum of three regular meals. The metabolism greatly benefits from a nutritional boost in the morning. A nutrient-rich breakfast can be as easy as whole grain cereal topped with fresh or frozen berries and low fat milk or as simple as a peanut butter and banana sandwich made with whole grain bread. Breakfast deserves the same level of priority in a child's morning routine as teeth brushing. It is an essential component to a well-balanced and healthy day.

If the challenge lies within the grocery budget, there are many options available for families experiencing economic hardships. New York Public school systems participate in federal child nutrition programs such as the School Breakfast Program (SBP) and the School Lunch Program (NSLP). All schools participating in this program offer breakfast and lunch, and the meals are consistent for those receiving meals for free, at low cost or at full price. Breakfast choices contain the components of milk, grain, protein, and vegetable/fruit/juice. Lunch choices contain the components of milk, grain, protein, and two components of vegetable/fruit.

These programs are required to meet the recommendations of the Dietary Guidelines for Americans including meals exceeding no more than 30 percent of the recommended daily calories from fat and less than 10 percent from saturated fat. Furthermore, breakfast must provide at least one-fourth of the Recommended Dietary Allowance for protein, calcium, iron, Vitamin A, Vitamin C and calories. There are ongoing proposals aimed at improving the Dietary Guidelines for school and breakfast programs as well.

The implementation of daily behavior changes such as these have long-lasting health benefits for our children. Bettering the nutrition provided to our children is a choice worth making, and where better to start than with the most important meal of the day?

Suffern Pre-School Teacher Receives Prestigious Award for Innovative Music Program



Child Care Resources of Rockland congratulates Justyna Zakrzewska, a teacher at the Campus Fun and Learn Child Development Center located at Rockland Community College on being selected to receive a \$1,000 National Child Care Teacher award in recognition of her innovative approach to early childhood education through the integrated use of music in the toddler classroom. Justyna accepted the award from the Terri Lynne Lokoff Child Care Foundation (TLLCCF) and McNeil Consumer Healthcare.

She installed a mini-stage in the classroom, complete with curtains, lights and a child sized microphone, where her class could create and perform music for themselves and others. Justyna began to incorporate music from cultures as diverse as Chinese, Indian and African, as well as introduce the children to different genres such as blues, jazz and classical.

If you have an innovative idea for your classroom, visit www.tllccf.org for the 2015 application. Each applicant is asked to design a classroom enhancement project for the children they teach illustrating the educational, social, and emotional benefits of the project. A committee of early childhood educators and specialists review the applications. Award recipients receive \$1,000: \$500 for the teacher's personal use and \$500 to implement the project. An awards ceremony takes place each spring in Pennsylvania - hotel and transportation are provided for the recipients. The event celebrates the best and the most dedicated child care teachers.

What is Quality?

There has been a lot of talk about the importance of a quality early childhood program these days. In a recent speech, President Obama stated that "Research shows that one of the best investments we can make in a child's life is high-quality early education".

But this is not new information. One well-known longitudinal study that started in 1962 and continued for 40 years, the HighScope Perry Preschool Study, found that individuals who were enrolled in a quality preschool program ultimately earned up to \$2000 more per month than those who were not. Young people who were in preschool programs are more likely to graduate from high school, to own homes, and have longer marriages.

However it is not only important that young children participate in an early childhood program, but that the program be one of high quality.

Rebecca Kurlander of Gans Geshmack expressed her experience this way:

When David Del Campo approached me and asked me if I wanted to join a program to work towards being accredited by the National Association for Family Child Care (NAFCC), although I valued the training opportunities and mentoring advice that were being offered, quite honestly, the thing that interested me the most was the grant money which could be used towards the purchase of equipment for my program. But the process of examining each area, and assessing what could use improvement and then actually implementing those changes, was exhilarating! I think this process has helped to substantially enrich my program and what I have to offer the children entrusted in my care.

40th Anniversary Family Fun Day



Join us at
Provident Bank
Stadium on
Saturday, July 19,
2014 for a day of
FUN, Baseball
and Fireworks to
celebrate 40

years of helping children, families and early childhood and school age care professionals in Rockland County! Doors open at 1pm and Baseball starts at 6:30pm. \$20 per person, children 3 and under are FREE! Visit www.childcarerockland.org to register.

How do you Develop a Quality Program?

One way to improve the quality of your program is to go through the process of accreditation, in which you engage in a self-study of your teaching. In order to help you achieve this goal, Child Care Resources of Rockland in conjunction with the Rockland County Legislature and County Executive has established the Quality Child Care Campaign. The Campaign provides payment for fees, a grant for materials and technical support in order for you to achieve accreditation in your modality (Center, Home-based, and School Age), and technical assistance.

If you would like more information on becoming accredited through the Quality Child Care Campaign please contact David Del Campo at ext. 451 or davidd@rocklandchildcare.org for more information.

CCRR Would Like to Welcome the Following New/Renewed Licensed/Registered Child Care Programs

Family Child Care Programs

Jacqueline Abreu
Lorraine Cleary
Angelica Gartner
Marivel Gonzalez
Jhanice McDonald
Anjelika Poltarakova

Group Family Child Care Programs

Jaime Edelschick
Rivka Kaufman
Drazl Silberman
Trana Surkis
Valerie Torres
Miriam Wieder

Child Care Centers

Fred S. Keller School
Tops for Tots Children Center, Inc.

School Age Care Programs

The Youth Bureau of the Village of Spring Valley

WHY? DANCE

Don't Forget to Dance

By Leslie Falconer, Mother Goose Time Preschool Curriculum

Babies rock side-to-side. Toddlers wiggle, wobble and reach. Young children jump and swing their arms in the air. Dance is innate in children. Their brains and bodies “want” to learn, and young children learn primarily through movement and exploration. However, because movement of young children is seen as a natural part of their everyday lives, it is seldom intentionally integrated into curriculum planning. Yet research has validated that classroom-based physical activity programs – and dance in particular – are effective for increasing fitness and improving on-task behavior throughout the entire day.



Dance supports language and cognitive development. Several studies show that early motor behavior supports growth in social-emotional and cognitive development that carries through beyond preschool years. Many also see a correlation between music and dance abilities and emerging language skills.

Dance is accessible to all children and accommodates diverse learners. Dance embraces individual preferences as well as invites diverse cultural expression.

Dance builds confidence. Physical strength enables children to move and act independently, which supports the development of social-emotional skills. The creative and expressive nature of dance offers children an outlet for safely experimenting with range of emotions. A study done on the effects of a dance and movement program on Head Start preschoolers revealed that the increased focus and concentration skills cultivated from dance may be transferred to other areas of social and academic competence. Dancing in groups increases the awareness of and respect for others and for personal and social space.

Balancing Creative Movement with Dance Techniques

Although many early childhood educators incorporate the benefits of creative movement and free-play, research now reveals that in order to develop fundamental motor skills, a more structured program might be more effective. Studies suggest that young children learn more through instruction than through random physical activity. In one study, Stork and Sanders (2008) State, “Planning and careful organization of physical activities maximize the opportunities for children to learn a wider variety of physical skills than might be developed during play alone. The combination of structure and play results in a unique curriculum.” A regularly implemented dance and movement program is proven to be effective in supporting the growth of fundamental motor and cognitive skills, and these skills are linked to academic performance.

Dance builds fitness, friendships and offers a safe way to express feelings. It nurtures critical thinking across all domains of learning. Dance requires no large or expensive equipment: it crosses cultural boundaries and differentiates for diverse learning styles, abilities and ages. Whether it is sunny or rainy day, don't forget to dance!



Do you have ideas that have worked for you?
Do you have a question for our Q&A column?
Send it attention Newsletter to:
info@rocklandchildcare.org

COME ON DOWN! YOU ARE THE NEXT



CONTESTANT ON...!

What game show have you dreamed of being on? Are you a Jeopardy Junky? Does your family have the Family Feud Fever? Or maybe you are spinning for the Wheel of Fortune. Whatever your secret game show pleasure is, we have it! Join us for this interactive Game Show Night presented by Riddlesbrood Touring Theatre Company. Over 30 audience participants will have the opportunity to play their favorite game show.

Admission \$60 per person/\$110 per couple and includes: Game Show Extravaganza, Dinner Buffet, One hour complimentary Beer and Wine, prizes and more!! Visit www.childcarerockland.org to reserve your spot now!

Comings and Goings

We would like to give a warm welcome to Gerrie Joyce, our new Quality Enhancement Specialist. We are extremely pleased that Gerrie has joined our team!



Cut Out and Post!

CCRR CLOSING INFORMATION

Monday, May 26th – Memorial Day
Friday, July 4th – Independence Day
Wednesday, July 16th – Staff Development
Friday, August 1st – Staff Development (office will close at 12)
Monday, September 1st – Labor Day

SAVE THE DATE

Friday, June 6th – Annual Meeting
Friday, June 6th – Game Show Night
Saturday, July 19th – 40th Anniversary Family Fun Day
Friday, September 12th – Comedy Night

CCRR STAFF DIRECTORY

Executive Director

Jane Brown x417

Director of Family Connections and Universal Prekindergarten Services

Kit SaizdelaMora x223

Family Connections Coordinator

Alice Rosado x495

UPK Coordinator

Jenine Valentino x460

Family Connections Specialist

Arlene Thomas-Strand x661

Director of Professional Development And Quality Enhancement Services

Debbie Silver x459

CDA Coordinator

Ellen Mitchell x456

Quality Child Care Campaign Coordinator

David Del Campo x451

Special Needs Coordinator and Infant/Toddler Specialist

Gwen Brown-Murray x613

Quality Enhancement Specialists

David Del Campo x451

Ellen Mitchell x456

Maria Rivas x455

Nutritionist

Sara Herny x612

Director of Program Standards and Support Services

Elaine Trotta x421

CACFP Coordinator

Yolanda Mitchel x423

Legally Exempt Enrollment Coordinator

Ines Ortiz x411

Registration Coordinator

Fia Hill Murray x487

Registrars/Standards and Support Specialists

James Callahan x221

Maria Rivas x455

Edna Saravia x475

Cindy Torres-Bender x614

Standards and Support Specialists

Edna Saravia x475

Teresa Ortega x633

Registered Nurse

Kristin Saunders x493

Director of Operations, Development and Community Services

Karen Ross x630

Operations Specialists

Michele Irwin x610

June Pizzolo x418

Director of Financial and Human Resource Services

Gerd Schubert x615

Accounts Receivable Specialist

Kathleen Siuro x662

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Child Care Aware® of America Member



Child Care Resources of Rockland, Inc. has successfully completed the Best Practice Certification process and has demonstrated the competence in the field of Child Care Resource and Referral in New York State.



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MEMBERSHIP NEWS

Child Care Resources of Rockland, Inc. is funded through a variety of sources: the County of Rockland, NYS Office of Children and Family Services, NYS Department of Health, NYS Education Department, the United Way of Rockland County and the support of our members. Additional funding for Special Needs Services is provided by Family Support Services, Mental Health Services and the Office for People With Developmental Disabilities. We would like to thank those family/group child care providers, center-based programs, school age care programs, parents and the members of the community-at-large who paid membership between 12/10/13 through 4/11/14:

Mariellys Arias	John Gregory	Kairunissa Mohamed
Socorro Clemente	Devorah Grunwald	Anjelika Poltarakova
Sumitra Datta	Yvonne Harding	Blima Rosenberg
Marie Desroches	Deanna Hautau	Karen Ryder
Susan Dizzine	Deborah Hautau	Lori Scott
Maria Estrella	Ivelisse Henriquez	Esther Sigall
Margret Evangelista	Myria Jean-Gilles	Velveth Silva
Farida Farouqui	Lisa Kreisel	Sara Soger
Merlande Francois	Jill Kunzmann	Pessy Wolodarsky
Steve Fromson	Christine Laffey	Kathy Zambrano
Nadene Geyer	John Lagana	

Bright Beginnings of Rockland, Inc.	Head Start of Rockland
Campus Fun and Learn	JCC-Y of Rockland
Children's Enrichment Center	Nauraushaun Nursery School
Children of Mary Nursery	Nyack's Little Schoolhouse
Community Center of Nyack	Preschool Playhouse
Everything Grows Child Care	Rockland Worksite Child Care Center
Good Shepherd Creative Play	Tiny Scholars

Child Care Resources of Rockland, Inc.
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Spring Valley, NY 10977

RETURN SERVICE REQUESTED



Membership Form

Name of Individual _____
Name of Program/Organization _____
Mailing Address _____
Email Address _____

Please check the appropriate category:

- ☐ Individual Membership (\$45)
☐ Family Child Care Provider (\$45)
☐ Group Family Child Care Provider (\$55 for provider and 1 assistant, and \$12 for each additional staff). Please provide a separate sheet with names of all staff members included in membership.
☐ Center-Based Program (\$60 for 1-5 staff, \$12 for each additional staff member not to exceed \$400). Please provide a separate sheet with names of all staff members to be included in memberships.

Payment Method:

☐ Check ☐ Visa ☐ MasterCard ☐ Discover

Account Number _____

Exp. Date _____ CVC (last 3 digits on back of card) _____

Billing Address _____

Cardholder's Signature _____



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Toll Free: (877) 425-0009

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Included in this newsletter
are a few activities and
games to do with your
children and the children in
your care. Enjoy!

Visit Our Website
www.childcarerockland.org
and subscribe to receive our
newsletter via email!

You can also get email
updates on upcoming
events, professional
development opportunities,
and more.
Sign Up Today!



Looking for Child Care ?

For information about child
care, child care subsidy, or
special needs services,
contact CCRR at
(845) 425-0009 x0 and ask
to speak with a Family
Connections Specialist

Newsletter Activities

Infants

I Love My Family

(Creative Resources for Infants and Toddlers, by Judy Herr and Terri Swim)

Some families are large.

(spread arms out wide)

Some families are small.

(bring arms close together)

But I love my family

(cross arms over chest)

Best of all!



Bubble Time with Babies

Tear-Free Bubbles

<http://www.ehow.com>

Materials: ¼ cup tear-free shampoo, ¾ cup water, 3 tbs. Corn syrup

Preparation: Mix 1/4 cup of a tear-free baby shampoo with 3/4 cup of water and three tablespoons of corn syrup. Mix it together to allow bubbles to form. Add a bit of food coloring to make it a colorful bubble craft.

Procedure: Give the baby paper and allow him/her to play in the bubbles. It is safe for the baby and can result in art with baby hand prints and popped bubbles on the paper.

Toddlers

This is My Right Hand

(Creative Resources for Infants and Toddlers, by Judy Herr and Terri Swim)

This is my right hand.

(suit actions to words)

I raise it high.

This is my left hand.

I'll touch the sky.

Right hand, left hand, roll them round and round.

Right hand, left hand, pound, pound, pound.



Bubble Time with Toddlers

Bubble Burst Painting

<http://spoonful.com/family-fun/bubble-burst-paintings>

Materials: 2 tbs. of tempera paint or 15 drops food coloring, ½ cup bubble solution, one large piece of paper or sheet

Procedure: Tape a large piece of paper (or a sheet) between two posts, trees or on a fence. Have the toddlers blow bubbles against it. Toddlers enjoy watching bubbles hit the paper and burst into colorful designs.

Remember: The end result is more about the process than the final product.

Preschoolers

A Little Ball

<http://www.educationoasis.com/curriculum/Music-Movement/fingerplays-action>

(Shape hands to make a ball)

A little ball,

A bigger ball,

A great big ball I see.

Now let us count

The balls we've made,

One, two, three.

(Point with one hand to count)



Bubble Time with Preschool Age Children

Making Water Bottle Bubbles

<http://www.projectsforpreschoolers.com/water-bottle-bubble>

Materials: Bubble Mixture, a flat container, Standard water Bottle

Procedure: Pour bubble mixture into a flat container. Then dip the mouth of a standard plastic water bottle into the bubble solution. Remove and squeeze bottle gently. Children can then blow the formed bubble off the top of the bottle.

School Age

Balloon Badmitten

<http://kidactivities.net/post/outside-games-for-school>

Materials: paper plates, tongue depressor sticks or paper towel rolls, tape, balloon or beach ball.

Procedure: First, make paper plate paddles by taping tongue depressor stick or paper towel roll to the back of a paper plate. Then, use paper plate paddles to keep balloon (beach ball) up in the air. Play indoors/outdoors, individually, one to one or in a group.



Bubble Time with School Age Children

Bubble Brigade Game

<http://spoonful.com/family-fun/bubble-brigade>

Materials: Bubble solution and a wand for each player

Preparation: You'll need a starting line, a designated turnaround point, and two teams (with at least two players per team).

Procedure: Each team lines up, shoulder-to-shoulder. The first person on each team blows a bubble and catches it on his or her wand. She then passes it to the next player, who passes it to the next, and so on. If the bubble pops, the person passing it must blow another bubble and then pass it on. The first team to get a bubble to the end of its line wins.