

Professional Development Seminars

Child Care Resources of Rockland, Inc.

April/May/June 2015

Seminars Listed by OCFS Training Topic

Seminar details are listed on page 3, unless otherwise noted.

1. Child Development

- Show Me What You Want! Using Visual Aids to Support Cooperative Behavior
- It's All in Their Head! Brain Research and Its Application in Early Childhood Programs

2. Nutrition and Health

- To Include or Exclude? That is the Question!
- Avoiding Burnout!
- The New Regulations and CACFP: Yummy! Pages 6 and 7.

3. Program Development

- Show Me What You Want! Using Visual Aids to Support Cooperative Behavior
- It's All in Their Head! Brain Research and Its Application in Early Childhood Programs
- Alone at the Top: The Ins and Outs of Orienting New Staff, page 6

4. Safety and Security

To Include or Exclude? That is the Question!

5. Business

- The New Regulations for Child Care Centers and School Age Care Programs: What's Changing?
- Avoiding Burnout!
- Alone at the Top: The Ins and Outs of Orienting New Staff, page 6

6. Child Abuse and Maltreatment Identification and Prevention

- Protect the Children, Protect Yourself
- Avoiding Burnout!

7. Statutes and Regulations Pertaining to Child Care

- Protect the Children, Protect Yourself
- To Include or Exclude? That is the Question!
- The New Regulations and CACFP: Yummy! Pages 6 and 7.

8. Statures and Regulations Pertaining to Child Abuse

- · Protect the Children, Protect Yourself
- 9. Shaken Baby Syndrome
- · Protect the Children, Protect Yourself

Register online: www.childcarerockland.org

- Traduction en Français et Créole sont disponible sur demande appelez au numero 845-425-0009, x 423
- Nou kapab bawou tradiksyon en fransé é kréyol sélon bézwen ou rélé niméro 845-425-0009, x 423



Child Care Resources of Rockland, Inc.

235 N. Main Street, Suite 11 Spring Valley, NY 10977 845-425-0009

info@rocklandchildcare.org www.childcarerockland.org

See page 2 for additional seminars



Additional Seminar Topics

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NEW! Special seminar fee (excluding Red Cross, Health & Safety, and MAT trainings). \$15 for members | Non-member fee: \$70

Take A Chance!

At the end of each seminar, all participants will be eligible for a *free teaching resource*!

Don't forget to get your raffle ticket when you arrive!

(Does not include: Red Cross, Health & Safety, and MAT trainings.)

Our Location

From the NYS Thruway Exit 14 (Spring Valley; Route 59)

Stay to the right and turn right onto Rte. 59 West (same for North or Southbound). Go through several stop lights and then make a right on Rte. 45. Stay on Rte. 45 through the Village of Spring Valley; pass the intersection of Maple and Rte. 45; the Salvation Army will be on the left. Turn left onto Sneden Place West at the light and left into Stone Hedge Plaza Parking Lot. Go around the building and enter through the atrium doors to Suite 11.

South on Palisades Interstate Parkway (Route 45) Exit 12

Bear right onto Rte. 45 for approximately 4 miles. This will take you through several stoplights and past Hillcrest Shopping center on the right. Turn right onto Sneden Place West. Follow the directions above.

North on Palisades Interstate Parkway (Route 45) Exit 12

Make a left onto Conklin Rd. and at the traffic light onto Rte. 45. Follow directions from above.

Child Care Resources of Rockland, Inc. 235 North Main Street, Suite 11 Spring Valley, New York 10977

Office Hours: Mon – Fri 8:30am–5:00pm Phone (845) 425-0009

IMPORTANT!

All seminars are held at 235 N. Main Street, Spring Valley, NY.

Professional development seminars are no longer held at 873 Route 45, New Hempstead.

Professional Development Seminars

Tuesday, April 28, 6:30-8:30 pm

Protect the Children, Protect Yourself: Behavior Management and the Prevention of Child Abuse and Maltreatment

Discover the connections between the new behavior management regulations and the prevention of child abuse and maltreatment. Review your responsibilities as a mandated reporter and discuss strategies to soothe a crying baby.

Trainer: Fia Hill Murray
OCFS: 6,7,8,9 | CDA: A, M
Target Audience: All | Level: All

CBK: e, f, g

\$15 members/\$70 non members

Tuesday, May 5, 2:00-4:00 pm

The New Regulations for Child Care Centers and School Age Care Programs: What's Changing?

The new Child Care Center and School Age Care regulations have been approved! Programs are expected to be in compliance starting June 1, 2015. Review the changes and identify strategies for maintaining compliance. **Note special time!**

Trainer: OCFS Staff OCFS: 5, 7 | CDA: L

Target Audience: D, IT, PS, SA

Level: All | CBK: g Special rate: \$10

Wednesday, May 6, 6:30-8:30 pm

Show Me What You Want! Using Visual Aids to Support Cooperative Behavior Discover how visual aids can support positive behaviors and minimize meltdowns See how you can create a preschool environment that encourages and motivates independent learners! Please note this seminar is not eligible for EIP!

Trainer: Gerrie Joyce

OCFS: 1,3 | CDA: C, E, F, H, I, J

Target Audience: PS

Level: All

\$15 members/\$70 non members

Wednesday, May 13, 6:30-8:30 pm

To Include or Exclude? That is the Question!

What do you do if a child develops a fever of 101° but is acting like his normal self and showing no other signs? This seminar will give you an overview of common childhood diseases and when a child should be included or excluded from your program. Bring along a copy of your program's inclusion/exclusion policy for review to see what policies you can include or exclude. If you don't have a policy, take this opportunity to begin to develop one!

Trainer: Kristin Saunders
OCFS: 2, 4, 7 | CDA: B, L
Target Audience: All | Level: All

CBK: e, f, g

\$15 members/\$70 non members

Tuesday, May 19, 6:30-8:30 pm

It's All in Their Head! Brain Research and Its Application in Early Childhood Programs

See how to incorporate what we have learned about brain development to improve your program. You will leave this hands-on seminar with ideas on how to apply information from the latest brain research when planning appropriate activities needed for the development of young children.

Trainer: David Del Campo OCFS: 1, 3 | CDA: C, E Target Audience: FG, IT, PS, D

Level: II, III | CBK: a, d

\$15 members/\$70 non members

Monday, June 15, 6:30-8:30 pm Avoiding Burnout!

Learn to value and care for yourself first so that you may better attend to the needs of others. Identify when you are under stress, what is stressing you, and different ways of coping with stress that can greatly improve both your mental and physical well being to be able to provide quality child care.

Trainer: Debbie Silver OCFS: 2, 5, 6 | CDA: B, L, M Target Audience: All | Level: All

CBK: d, f

\$15 members/\$70 non members

Medication Administration Training and American Red Cross Trainings

Medication Administration Training (MAT) OCFS: 2, 3, 4, 7 CDA: A, B Target Audience: All Level: All CBK: e, f, g

This eight hour training course is required by OCFS for child care providers to administer medications to children in their programs. Learn the proper medication practices as well as proper documentation and storage practices. Participants are eligible for a rebate from SUNY Albany Professional Development Program. Please see below for the three options of completing this course as well as the cost and rebate amounts.

Contact SUNY for Rebate Information: 866-665-5537

MAT Classroom Course

The entire eight hour course is taught in the classroom and divided into two days. Participants will be tested on the three MAT demonstration competencies: Liquid Measure, Randomized Skills, and the administration of the epinephrine auto-injectors (EpiPen and Auvi-Q). A written test is given the last day of the class.

Dates: Monday, May 4 and Tuesday, May 5

Time: 5:00-9:00 pm

Fee: \$190 members/\$240 non-members Rebate: \$100

Competency Testing: 3rd Time Renewal

If you renewed your MAT certification twice consecutively online, you will need to have your skills assessed by a MAT trainer to complete your third renewal. You will take the online renewal first and then meet with the MAT trainer to be tested on the three MAT Demonstration Competencies: Liquid Measure, Randomized Skills, and the administration of the epinephrine auto-injectors (EpiPen and Auvi-Q). A one hour certificate is provided.

Date: Monday, April 27 Time: 12:00-3:00 pm

Fee: \$90 members/\$130 non-members Rebate: \$70

MAT Independent Study

This option allows for review of class materials online and a meeting with a trainer to review and practice prior to your testing session, which includes the MAT Demonstration Competencies and a written exam.

You must review the materials. Failure to review may result in rescheduling and additional fees.

Date: Wednesday, June 10

Time: 5:00-9:00 pm

Fee: \$125 members/\$175 non-members Rebate: \$70

American Red Cross Trainings

NYS OCFS regulations for all modalities now require that every program have a person certified in CPR and First Aid on-site at all times. Certification is valid for 2 years.

As per American Red Cross policy, we are unable to admit anyone into the class once it has begun, Please be on time! Limited to 10 participants.

Please note the Community CPR and the Community CPR review are offered together AND completed in one session. AED training is included.

CPR and First Aid Dates/Times

Community CPR-6:30-9:30 pm

Tuesday, April 14 Wednesday, May 27

Monday, June 22

Spanish CPR—6:30-9:30 pm Wednesday, June 17

First Aid —6:30-9:30 pm

Tuesday, April 21 Tuesday, May 26

Wednesday, June 24

Spanish First Aid —6:30-9:30 pm Monday, June 29

Fee: \$60 members/\$90 non-members

OCFS: 4 CDA: A Target Audience: All Level: All

CBK: e, f, g



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Health and Safety Training Child and Adult Care Food Program (CACFP)

Health and Safety Training to Become a Family/Group Family Child Care Provider

This pre-service series of classes is required for Family Child Care registration and Group Family Child Care licensing! The topics covered include health, safety, food safety, supervision, statutes and regulations pertaining to child care, child abuse and maltreatment/statutes and regulations pertaining to child abuse, special infant issues (Sudden Infant Death Syndrome and Shaken Baby Syndrome) and infection control.

Family Child Care providers and Group Family Child Care Providers who need training in these areas may also attend individual workshops or the entire series for a special fee. Contact CCRR for rates.

Schedule

(Dates/times subject to change based on need.)

Health and Safety

April 27, 28, 29 and May 4, 5, 6 June 1, 2, 3, 8, 9, 10

Time: 6:00pm – 9:30pm

Cost: \$270 | \$35 due upon registration (\$35 registration fee is non-refundable)

Rebate: A \$235 rebate is available for those in the process of registration or licensing upon completion of registration or licensing.

OCFS: 2, 4, 5, 6, 7, 8, 9 CDA: A, B, L | Target: FG Level: All | CBK: e, f, g CACFP Recruitment Thursday, May 7, 2015 6:30-9:30 pm

Family Child Care and Group Family Child Care Providers, who wish to participate in the Child and Adult Care Food Program (CACFP) are welcome to join Yolanda Michel, CACFP Coordinator, for this three hour information session. The CACFP is a government reimbursement program funding meals and snacks given to children in child care.

PLEASE NOTE: Training Certificates are not given to participants.



Questions About CACFP?

If you are a child care provider and you have questions about joining CACFP, please call 845-425-0009 and ask to speak with a Food I hope all is well. Program Representative.



The Directors' Network

Meet with center and school age care program directors to discuss issues and concerns that impact your work. This is a great opportunity to gain support from others in the same position as you and to learn strategies that have worked for others! The network meeting will be facilitated by a CCRR staff member. Participants will receive a training certificate. If you are interested in sharing your program with other providers, please contact Debbie Silver: 845-425-0009, x459 | debbies@rocklandchildcare.org

Date: Tuesday, June 2, 2015 **Time:** 11:45 –12:45pm

Location: CCRR, 235 North Main Street, Suite 9, Spring Valley, NY 10977 (If you are interested in hosting, please call Debbie Silver at 845-425-0009 x459.)

Fee: \$10 or free if signing up for the training for directors scheduled directly after the Network Meeting

Directors' Training

The New Regulations and CACFP: Yummy!

Tuesday, June 2, 2015 1:00-3:00 pm

This seminar will help directors and staff of child care programs better understand the Office of Children and Family Services changes in regulations pertaining to nutrition. Also included will be information about the Child and Adult Care Food Program as it applies to the new regulations.

Alone at the Top

The Ins and Outs of Orienting New Staff
A day of training especially for center and school age administrators.
Wednesday, April 29, 2015
8:45 am-3:00 pm

Successful staff recruitment and selection is a crucial component of administrating high quality programs. Having the right employee in the right position requires that directors have a repertoire of effective recruitment, screening, selection, and orientation strategies at their fingertips. Learn strategies for improving the likelihood of success in finding the right person for the job!

Trainer: Debbie Silver
Fee: \$80 members | \$120 non members
Includes breakfast and lunch.
OCFS: 3, 5 CDA: g Target Audience: D

Level: All CBK: g

Trainer: Elaine Trotta

OCFS: 2,7 **CDA:** B, L

Target Audience: D, PS

Level: All CBK: e,g

Fee: \$15 members | \$70 non members





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New Family/Group Family Child Care Network

The New Regulations and CACFP: Yummy!

Monday, April 20, 2015 7:00-9:00 pm

This seminar will help family and group family child care programs better understand the Office of Children and Family Services changes in regulations pertaining to nutrition. Also included will be information about the Child and Adult Care Food Program as it applies to the new regulations.

Trainer: Elaine Trotta

OCFS: 2,7 CDA: B, L

Target Audience: FG

Level: All CBK: e, g

Fee: \$15 members | \$70 non members

School Age Care Directors' Network

Meet with other school age directors and site supervisors to discuss issues and concerns that directly impact the specific needs of your programs. Gain support from others who work with the same age group. Seminars specifically geared to you will also be offered! Watch for more information. A CCRR staff member will facilitate the network meeting, which enables you to receive a training certificate. If you are interested in sharing your program with other providers, please contact Elaine Trotta: 845-425-0009, x421 | elainet@rocklandchildcare.org

Dates: Wednesday, April 15, 2015 | Wednesday, May 20, 2015 | Wednesday, June 17, 2015

Time: 10-11:00 am Location: TBA Fee: \$10 | Fee waived if you attend seminar directly following

Training for School Age Directors and Site Supervisors

Dates, times, and topics to be announced.

Orientations

Do You Want to Open a Family Child Care Program in Your Home?

Tuesday, May 12, 2015 2:00-4:00 pm

Join us for an Orientation and Information Session and hear what you need to know and do in order to open up a child care program in your home.

Cost: Free

Certificates are not provided.

Thinking About Starting an After School Program?

Elaine Trotta (CCRR) will help you get off to a good start by looking at an initial application, timelines, inspection agencies, policies, and more. Once you complete the orientation, we will request an application for you!

Cost: Free

Certificates are not provided.

For more information or to schedule an appointment:

Elaine Trotta: 845-425-0009, x421 elainet@rocklandchildcare.org



Training Policies

Registration and Payment

Advance registration and pre-payment are required to enroll in a training and receive a certificate at the end of the seminar.

We must receive the EIP award notification prior to the seminar or full payment – cash, check, or credit card. Apply for EIP 3-4 weeks before the seminar. If you pay in advance, a refund will be issued upon receipt of EIP award notification.

Please completely fill out a separate registration form for each person and keep a copy for your records.

Phone registrations will not be accepted without credit card payment. We accept Visa, MasterCard and Discover.

There is a \$30 fee for returned checks.

Certificates

You are responsible for maintaining all of your training certificates and training records. There will be a \$5 fee for each duplicate certificate requested (\$5 fee is waived for CCRR members).

It is imperative that you arrive on time and remain for the entire seminar to receive credit and a certificate. Doors will be locked 15 minutes after the training starts. If you arrive after that, you will not be allowed in. Please be on time.

Sometimes seminars take longer than anticipated and sometimes they end early. CCRR will not change the time on the certificates. So, if you get out a few minutes early, consider it a gift of time. If the seminar takes longer than anticipated, consider it a gift of knowledge!

SUNY Videos

Participants must arrive at 6:45 pm. No one will be allowed to enter once the video begins (SUNY requirements).

American Red Cross Training

Participants must arrive at least 15 minutes before start time. American Red Cross policies do not allow us to admit anyone once the training has begun.

CDA Renewal

There is a \$10 administration fee for CEU transcripts for CDA renewal (\$10 fee is waived for CCRR members).

Training Records

There is a \$10 fee for a computer listing of your training record (waived for CCRR members).

Fees

We are pleased to announce a special seminar fee of \$15 for our members. Non-members: \$70

Special rate **does not** apply to: American Red Cross Training, Health and Safety, MAT, Alone at the Top.

Confirmations

Confirmation calls will not be made. Your registration form and cancelled check will serve as your confirmation. You may call 845-425-0009, x0 to check that your registration has been received.

Credits, Refunds and Cancellations

There are **NO** refunds or rescheduling for missed classes. Child Care Resources of Rockland, Inc. reserves the right to cancel any seminar. If classes are cancelled due to low enrollment, or inclement weather, participants will be notified by telephone. A full refund will be issued or the participant can choose to register for another seminar. Be sure to include a phone number where you can be reached in case of a seminar cancellation.

In case of inclement weather, listen to radio station WHUD (FM 100.7) or go to cancellations.com. The decision to cancel any seminar due to inclement weather will be made by 2:00pm on the day of the seminar. If you do not receive a call canceling the training, you can call 845-425-0009, x0 before 5:00pm to check on that evening's activities.

Children

The presence of children, including babies, at trainings is very distracting. DO NOT BRING CHILDREN OF ANY AGE to the seminars or videos. If your child accompanies you, you will not be allowed to remain. We do not provide child care, nor do we allow any children in the office while seminars are being presented. While we understand that this may be a hardship, please do not place us in a position where we have to deny you access. Call 845-425-0009, x459 to find out what other kinds of training opportunities are available to you.

Beyond the Basics

Let Us Come to You! On Site Center Training

We can offer training to meet the needs of your staff that address all nine component areas during the day or evening, including CPR, and First Aid.

The Individual Training Program (ITP)

The Individual Training Program (ITP) is a solution to your training needs. We are aware that it is difficult to get out to training, as well as to bring the knowledge back and implement new ideas in your program. In this innovative program, a Quality Enhancement Specialist will come to your program (Family/Group Family Child Care, Center Based, or School Age Care), conduct an assessment of your program, and schedule individual technical assistance based upon your needs. The Educational Incentive Program (EIP) scholarship may cover the costs.

For more information about either of these programs, please contact Debbie Silver: 845-425-0009 x459 or debbies@rocklandchildcare.org.

Free SUNY Videoconference Trainings

The New York State Office of Children and Family Services funds videoconference trainings, produced by the SUNY Early Childhood Education and Training Program.

We facilitate these free, live broadcasts at our office: 235 N. Main Street, Suite 9, Spring Valley, NY 10977.

For dates, topics, and to register please call 1-518-443-5940 or visit www.tsg.suny.edu

All videoconferences take place in the evenings from 6:45pm - 9:15pm.

Distance Learning is Now Available!

Do you want training available 24 hours a day, 365 days a year? Child Care Resources of Rockland, in partnership with Child Care Aware of America, is pleased to offer the Child Care Aware of America Training Academy. Online courses are designed to help early childhood professionals complete OCFS training requirements. Go to www.childcarerockland.org to find out which courses have been approved by SUNY and to register!

If you have any questions, please call Debbie Silver at 845-425-0009, x459.

Parent Seminar

Entering Kindergarten: A Milestone for Parents and Children Monday, April 13, 2015

Entering kindergarten is a major transition for children and their parents. This seminar will help parents prepare themselves and their children for a stress free experience. Certificates are not provided.

Trainer: Ellen Mitchell

Fee: Free

Time: 7:00-8:30 pm

Navigating Child Care Resources of Rockland's Professional Development Schedule

OCFS

CDA Functional Areas

- 1. Child Development
- 2. Nutrition and Health
- 3. Program Development
- 4. Safety and Security
- 5. Business
- 6. Child Abuse, Maltreatment Identification & Prevention
- 7. Statutes and Regulations Pertaining to Child Care
- 8. Statutes and Regulations Pertaining to Child Abuse
- 9. Shaken Baby Syndrome

- A. Safe
- B. Healthy
- C. Learning Environment
- D. Physical
- E. Cognitive
- F. Communication
- G. Creative
- H. Self
- I. Social
- J. Guidance
- K. Families
- L. Program Management
- M. Professionalism

Target Audiences

FG Family/Group Family Providers

D Directors

IT Infant/Toddler staff/providers
 PS Preschool staff/providers
 SA School Age staff/providers
 LE Legally Exempt providers

ALL All audiences

CBK - Core Body of Knowledge

- a. Child Growth and Development
- b. Family and Community Relationships
- C. Observation and Assessment
- d. Environment and Curriculum
- e. Health, Safety and Nutrition
- f. Professionalism
- g. Administration and Management

Competency Levels

Seminars are designed to meet the competency levels of participants at different stages of professional development based on the information provided in the NYS Early Care and Education Core Body of Knowledge Framework.

Level I: Commitment to a career in early care and education; contributes to and assures maintenance of a safe and nurturing environment; learns about children and families through participation in professional development activities; receives ongoing supervision from someone at a high level.

<u>Level II:</u> Consistently exhibits practices grounded in theories of growth, development, and learning; works cooperatively with others, establishes good mentoring relationships, and sometimes provides direct supervision; participates in formal study leading to a degree and/or certificate; refines their knowledge through guided and reflective experience with young children and families.

<u>Level III:</u> Extensive academic preparation and experience in the field; responsible for mentoring at other levels; possesses the ability to provide new resources in the development of theory and innovative practice; demonstrates a mastery of developmentally appropriate practices.



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Seminar Registration Form

Name/Nombre		
Home Phone/Número de teléfono en la casa	<u> </u>	
E-mail/Correo electrónico		
Name of Program/Nombre del programa		
Program Address/Dirección del programa		
Program Phone/Número de teléfono del pro	grama	
Program E-mail/Correo electrónicoen del pr	ograma	
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Date/Time	Title	Fee
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Date/Time	Title	Fee
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Fech/Hora	Nombre de la clase	Pago
¡Su pago o beca de EIP debe ser incluío □ Mastercard		
Name as it appears on credit card/ Nobre tal co	mo aparece en la tarjeta de crédito	
Credit Card #/ Tarjeta De Crédito Visa or Mastercard (16 digits/numerous)	Expiration Date/Fecha de Expiración	CVC# (last 3 digits on back of card/ 3 últimos numerous en la parte posterior de la tarjeta
Billing Address/Dirección de Cobro de la Tarjet	a De Crédito	
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Child Care Resources of Rockland, Inc.

235 North Main Street, Suite 11 Spring Valley, NY 10977

Phone: 845-425-0009 Fax: 845-425-5312 Toll-free: 877-425-0009

Office Hours: M-F, 8:30 am-5:00 pm Email: info@rocklandchildcare.org Website: www.childcarerockland.org Non- Profit Org Presorted Standard U.S. Postage

PAIC

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Child Care Aware® of America

Child Care Resources of Rockland, Inc. is a contract agency of the County of Rockland, NYS Office of Children and Family Services, NYS Education Department, NYS Department of Health and the United Way of Rockland County. Additional Funding for Special Needs Services is provided by Family Support Services, Mental Health Services and the Office of People with Developmental Disabilities. CCRR is supported by Rockland Community College.

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Thank you Harrington Press for co-sponsoring the publication of this training calendar.



Contact Harrington Press: 207 Main St., Nyack, NY

Info@harringtonpress.net

Child Care Resources of Rockland, Inc.

Our mission is to promote, support and enhance the healthy development of all children by:

- Providing resource and referral services for families seeking accessible, affordable, quality early childhood and school age care and education;
- Offering training, support and resources to the early care and education workforce as well as public and private schools;
- Connecting with business leaders and public officials to emphasize the value of quality child care to the economic vitality of Rockland County;
- Advocating for increased investment in quality child care and education;
- Collaborating with strategic partners to enhance our collective abilities to address the needs of the community now and in the future.